What Report Will You Believe?

Handout based on the presentation by Lakeita Mitchell · Key Scripture: Mark 11:23

Have you ever received a report that made you question what you believed God for?
Name it: _____

Same Land, Two Reports (Numbers 13–14)

Ten spies reported giants. Joshua and Caleb reported God's promises.

	The 10 Spies	Joshua & Caleb
Perspective	"We saw giants." (13:33)	We saw the same things, but also God's promises. (14:7–9)
Message	"We cannot go up…" (13:31)	"We are well able to overcome it!" (13:30)
Result	Wandered the wilderness 40 years.	Entered the Promised Land.

Two Ways to See 2026

	Fear keeps you stuck	Faith moves you forward
Finances	"The economy is unstable. I'll never get ahead."	"I can be wise, build new skills, and create opportunities."
Career	"AI will replace jobs. There's no opportunity."	"I can adapt, upskill, and use new tools (like AI) to grow."
Relationships	"People are unreliable. It's not safe to open up."	"I can be intentional, build healthy community, and be a light."
Health	"I'm getting older. My health will only decline."	"I can make choices today for a stronger tomorrow."
Housing	"Homes are too expensive. I'll never be able to buy."	"I can be strategic, explore options, and trust God's provision."

	Fear keeps you stuck	Faith moves you forward
Mental health	“There’s too much stress and uncertainty.”	“I can set boundaries, seek support, and choose peace.”
World events	“Everything is getting worse. It’s too risky.”	“I can stay informed, be prepared, and focus on what I can control.”
Faith	“It’s hard to trust God in a world like this.”	“God is still in control, and He gives me strength for today.”

Remember

- Fear exaggerates our limitations, and how we see ourselves shapes how we face challenges.
- The popular opinion isn’t always the faithful one; sometimes the biggest giant is a conclusion we’ve already reached.
- Faith is confidence in God despite opposition (Hebrews 11:1). **Feed faith, starve doubts.**

Move Forward

1. **Hearing:** How can I shift my mindset or habits to trust God when things change? _____
2. **Believing:** What has God said, and what is my next wise, obedient step? _____
3. **Saying:** Are my conversations reinforcing the problem or strengthening my confidence in God? _____

> “For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.” — 2 Timothy 1:7

My declaration: I will not ignore the facts, but I will not be ruled by fear. I choose to believe God’s Word, trust His direction, and respond with power, love, and a sound mind. **I will move Faith Forward!**